

IMPROVING OR MAINTAINING MENTAL HEALTH

Measurement Specifications for Star Ratings Program



Measurement Description

Percent of all patients whose mental health was the same or better than expected after two years.

A component of the Health Outcomes Survey (HOS); a longitudinal survey administered each spring that assesses patient's ability to maintain or improve their mental health over time. The sample is random and the same group of patients is resurveyed after two years.

Measurement Source

HOS 2020-2021

Exclusion Criteria

Hospice	For Medicare reporting, exclude patients who actively receive hospice services any time during the measurement year.
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Notes

Health Outcomes Survey Questions

Q4. During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)?

- Accomplished less than you would like as a result of any emotional problems
- Didn't do work or other activities as carefully as usual as a result of any emotional problems

Q6. How much of the time during the past 4 weeks:

- Have you felt calm and peaceful?
- Did you have a lot of energy?
- Have you felt downhearted and blue?

Q7. During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc.)?

Best Practice

- Ask patients if emotional problems have interfered with daily activities. If yes, recommend coping strategies or ways to improve mental health.
- Make a mental health referral when necessary.

Star Ratings Performance Thresholds					
Year	1 STAR	2 STARS	3 STARS	4 STARS	5 STARS
2014	< 76%	≥ 76% to < 81%	≥ 81% to < 85%	≥ 85% to < 86%	≥ 86%
2015	< 76%	≥ 76% to < 80%	≥ 80% to < 85%	≥ 85% to < 89%	≥ 89%
2016	< 75%	≥ 75% to < 77%	≥ 77% to < 80%	≥ 80% to < 82%	≥ 82%
2017	< 79%	≥ 79% to < 83%	≥ 83% to < 85%	≥ 85% to < 87%	≥ 87%
2018	< 75%	≥ 75% to < 82%	≥ 82% to < 84%	≥ 84% to < 88%	≥ 88%
2019	< 76%	≥ 76% to < 80%	≥ 80% to < 84%	≥ 84% to 86%	≥ 86%
2020	< 77%	≥ 77% to < 81%	≥ 81% to < 83%	≥ 83% to 85%	≥ 85%
2021	< 77%	≥ 77% to < 81%	≥ 81% to < 83%	≥ 83% to 85%	≥ 85%